



# Neighborhood Council Resilience Program

The NC Resilience Program is a suite of tools and services designed to support the localized needs of a neighborhood council via MySafe:LA programs and support. Each NC is unique, and MySafe:LA believes those needs should be met individually. This information sheet will highlight the various options and how your NC may benefit from the support our team provides. Support is based on the Fiscal L.A. year, but could be adjusted to a Calendar year if preferred. The best way to survive a disaster is to be prepared.

FEMA has evaluated every county in the United States for vulnerability related to 18 top natural disaster threats. Los Angeles County ranks as the most at-risk county in the nation.

## NC Resilience Program

The NC Resilience program brings Neighborhood Council stakeholders together to be “disaster ready” prior to catastrophic events. This is a critical path for improving community confidence when managing disasters. Working with a plan and training to it will help to save lives and property.

### BASIC CPR AND AED USE

Learning basic compression-only CPR and how to use an AED is a basic requirement for any community-based organization in today’s complex society. MySafe:LA offers a comprehensive and easy to learn CPR/AED training program.

### CERTIFIED CPR/AED ARC COURSE

Many employers, and those involved in public safety require more complete training than the basic CPR course. For those individuals, MySafe:LA offers a complete “CPR Certified” course that provides in depth understanding of cardiac rescue techniques.

### HIGH SCHOOL CPR COMPLETION AB1719

Did you know that in California, if a high school offers a health class, a CPR completion is required for a student to graduate? MySafe:LA has taught tens of thousands of students CPR and we would like to discuss teaching kids in your NC how to save a life.

### HOME INSPECTION, SMOKE ALARMS

Several thousand people die every year in house fires in America. On average, 20 or more die every year in Los Angeles. Our home fire safety training includes FREE smoke alarms, escape plans, as well as prevention and survival skills.

### STUDENT FIRE SAFETY PROGRAM

For more than a decade, MySafe:LA has been teaching students about home fire safety. Our “Junior Fire Inspector” program is taught in partnership with the LAFD, includes 3 classes, and allows kids to take fire safety messages home.

### EARTHQUAKE SURVIVAL TRAINING

Southern California is overdue for “The Big One.” The southern end of the San Andreas fault is more than 100 years past due for a major event. MySafe:LA offers a unique and valuable earthquake preparedness and survival program.

### NC RESILIENCE PLANNING

Separate from all of the individual programs featured here, MySafe:LA can also work with your NC to create a resilience plan specific to your community. This plan identifies risks, defines responses, and helps your community thrive.

## HOW THE PROGRAM WORKS

There are two key components to the NC Resilience Program: Community disaster preparedness training, and NC resilience development. Based on the location of your council, you may determine that a specific threat, such as wildfires, supercedes all other possible disasters. Or, you may decide that your residents will benefit from preparing for multiple threats that may arise in the future. In addition to training, MySafe:LA can develop an emergency response plan specific to your NC, giving your council a head start for any disaster.

MySafe:LA operates with grant and gift funding, and wherever possible, we apply that to all of the initiatives we pursue. When working with a Neighborhood Council, depending on what services are requested, we may put in a request for an NC NPG support grant, typically equalling a fraction of the cost for our services.

## PROGRAM OPTIONS

### BASIC RESILIENCE PLAN

Pick from any individual option (wildfire, house fire, floods, CPR/AED, earthquake), and our public safety officers will ensure you and your NC are properly trained to prepare for, respond to, and recover from the threat. Ask us to join your next meeting!

### SMOKE ALARM CANVASSING

MySafe:LA is ready to identify and engage with some of the most at-risk homes in your community. We'll install up to 5 smoke alarms and 1 CO detector in each home for FREE. And, we'll bring our LAFD partners along as well. Smoke alarms save lives.

### NC AREA SCHOOLS AND EVENTS

MySafe:LA has a decade long relationship with the LAUSD. For 2022, we're only able to target schools within specific communities for fire safety and CPR training. Collaborate with us to ensure your kids and those in the community are disaster-prepared.

### CUSTOM NC SUPPORT

Perhaps the most desired engagement with MySafe:LA is one customized to the individual needs of your Neighborhood Council. Are you concerned about fireworks? Do your members know how to perform CPR? Do they need certification in CPR and AED use? Do you have at-risk homes that may need FREE smoke alarms? Working with our public safety officers (trained, uniformed, and accountable), we can help your NC to be better prepared for the next disaster. Surviving starts with a plan.

### NC EMERGENCY RESPONSE PLAN

One important option for any NC is the development of a working emergency response plan. MySafe:LA has a mechanism for delivering a plan unique to your NC at an affordable price - for effective awareness.

All course and resilience training is provided by formally trained and certified MySafe:LA instructors, typically including our cadre of Medics, EMTs, EMRs, and public safety instructors.

Name \_\_\_\_\_ Title \_\_\_\_\_

NC \_\_\_\_\_

Email \_\_\_\_\_ Website \_\_\_\_\_

Number of people in your NC \_\_\_\_\_ Biggest disaster threat \_\_\_\_\_

Notes / comments \_\_\_\_\_

**SUBMIT FORM**